

Recreation Schedule

DHIGALI
MALDIVES

MONDAY

Maldivian style
Sunrise Fishing
(06:30 – 08:30)
\$ 110/adult \$40/
Child

Dolphin Cruise
(09:00 – 11:00)
\$ 95/adult \$37/Child

Explore island culture
(15:00 – 18:00)
\$ 100/adult \$37/Child
Min 6

Boot Camp
(17:00 – 18:00)
Complimentary

TUESDAY

Sunrise Yoga
(06:00)
Complimentary

Aquatic Sports
Exercises on Pool
(08:00 – 09:00)
Complimentary

Jigging Training
and Fishing
(09:00 - 12:00)
\$ 150 per adult
Min 4 Pax

Lower Body workout at
Fitness/Gym
(16:00 – 17:00)
\$ 25 per adult

Maldivian Style
Sunset Fishing
(17:00 – 19:00)
\$ 110/adult \$40/Child

Sunset Yoga
(18:00)
Complimentary

WEDNESDAY

Private Casting
Training and Fishing
(06:30 - 09:30)
\$ 150 per adult
Min 4

Live painting by local
artists
(08:00 – 10:00) – East
(13:00 – 15:00) - Deli
Complimentary

Dolphin Cruise
(09:00 – 11:00)
\$ 95/adult \$37/Child

Sunset Champagne Cruise
(17:30 – 18:30)
\$ 250 Per Couple

THURSDAY

Sunrise Yoga
(06:00)
Complimentary

Aquatic Sports
Exercises on Pool
(08:00 – 09:00)
Complimentary

Cast Away Inhabitant
Sandbank Picnic
(10:00 – 13:30)
\$ 150 per adult
Min 6 Pax

Six Pack whole body
challenge / Cardio &
Core at Gym
(16:00 – 17:00)
\$ 25 per adult

Maldivian Style
Sunset Fishing
(17:00 – 19:00)
\$ 110/adult \$ 40/Child

Sunset Yoga
(18:00)
Complimentary

FRIDAY

Maldivian style
Sunrise Fishing
(06:30 – 08:30)
\$ 110/adult \$40/
Child

Explore island culture
(15:00 – 18:00)
\$ 100/adult \$37/Child
Min 6

Boot Camp
(17:00 – 18:00)
Complimentary

Jigging Training
and Fishing
(17:00 - 20:00)
\$ 150 per Adult
Min 4 Pax

SATURDAY

Sunrise Yoga
(06:00)
Complimentary

Private Casting
Training and Fishing
(06:30 - 09:30)
\$ 150 per adult
Min 4

Cast Away Inhabitant
Sandbank Picnic
(10:00 – 13:30)
\$ 150 per adult
Min 6 Pax

Functional Fitness
/ Calorie Shredder
at Fitness/Gym
(16:00 – 17:00)
\$ 25 per adult

Maldivian Style
Sunset Fishing
(17:00 – 19:00)
\$ 110/adult \$ 40/Child

Sunset Yoga
(18:00)
Complimentary

SUNDAY

Big Game Fishing
(05:30 - 09:30)
\$ 750

Live painting by local
artists
(08:00 – 10:00) – East
(13:00 – 15:00) - Deli
Complimentary

Dolphin Cruise
(09:00 – 11:00)
\$ 95/adult \$37/Child

Sunset Warrior's Way
@ East Beach
(17:00 – 18:00)
\$ 25/adult

The Island is buzzing with life and energy, with dozens of activities to choose from every day.
On the following pages you'll find detailed descriptions of resort activities.



Cast Away Inhabitant Sandbank Picnic

Experience the thrill of your own tiny desert island, surrounded by the crystal clear waters and coral reefs of the Indian Ocean. As you snorkel in the unbelievably warm sea, you will come across an abundance of marine; multitude of colored fish. Barracudas and turtles are regular sightings on these trips and if you are lucky, there is the possibility of sighting manta rays during certain times of the year.

- Exotica sandwich platter
- Soft drinks and water for 2
- Snorkeling untouched reef



Private Jigging Training and Fishing

Explore the Maldivian Jigging techniques with our host and catch some emperor snapper, barracuda and grouper for your meal to enjoy the fresh bite.

- 3 Hours Trip
- Light beverages and
- Snacks onboard



Private Casting Training and Fishing

Cast away the fresh Maldivian bait with our professional host and enjoy the fight with the strong Jack Fish or Barracuda and we will prepare for your meal at your choice of cooking style

- 3 Hours Trip
- Light beverages and
- Snacks onboard



Private Big Game Fishing

Enjoy your day with an exhilarating adventure of Big Game Fishing! Set out at dawn or after lunch + enjoy the art of trolling + spinning for Tuna, Wahoo + if you lucky even Marlin while enjoying a warm cup of coffee

- 4 hours
- Light breakfast
- Tea & coffee



Dolphin Cruise

Did you know that there are hundreds of dolphins in the waters around Dhigali Maldives? The Maldives ranks among the top five places on earth for watching whales and dolphins. Over 20 different species call the Maldives home, The fun continues as we cruise into the sunset in search of spinner dolphins playing in their natural habitat. It is an unforgettable experience. Although nothing with wildlife can be absolutely guaranteed, the cruises do have a high level of success.

- 2 hours
- Light beverages
- Snacks onboard



Maldivian Style Sunset Fishing

Fishing at dusk is just one of our thrilling activities at Dhigali. Take an evening cruise and learn age-old Maldivian fishing methods while enjoying a stunning sunset. Refreshments will be served onboard.

- 2 hours
- Light beverages
- Snacks onboard



Maldivian Style Sunrise Fishing

Enjoy an early start to your day with an activity ideal for families, couples and groups of friends, couples and groups of friends. Learn age-old Maldivian fishing methods, assisted by our experienced Boat Captain and his crew. As you master the local handline method of fishing, while watching the sunrise, you will be amazed by what you might catch: snappers, jacks, barracudas, to mention a few. If you catch a sizeable fish, our chef will be more than happy to prepare it to your liking and serve it for lunch the same day in a restaurant or in your villa. Pastries, coffee and tea will be served onboard.

- 2 hours
- Light breakfast
- Tea & coffee



Explore island culture

See the life of a Maldivian on two of the inhabited islands. Visit Meedhoo + Fainu in an indulging experience. The Friday mosque in the island of Meedhoo is believed to be 300 years old and estimated that it was built around 1705 CE during the reign of the first Sultan from Dhiyamigili Dynasty, The mosque were built using decorated interlocking coral stone from the reef, detailed timber lacquer work and intricate carvings, The construction method, 'coral stone carpentry', used to create these mosque is no longer no longer practiced.

- 3 hours
- Refreshments in local island



Sunset Champagne Cruise

Toast the sunset + your luxurious vacation, onboard one of our boats. Relax, and keep your eyes open to experience the changing colours above the horizon on the west side. Champagne, soft drinks and our light canapé selection will enhance the joy of the moment

- 1 Hour
- Bottle of champagne
- Snacks onboard



Lets be fit with our Fitness Guru!

[Boot Camp with our compliments](#)

It is about physical activity where we jog around the island with dynamic workouts; like squats, pushups and burpees. It's a good way to know the island and the experience the beauty of nature while getting Fit. Running track is total 1.6 KM! Get your running shoes on!

[Aquatic Sports exercises with our compliments](#)

Can burn fat. Great workout for people of all ages! You can burn a higher level of calories in shorter time in the pool.

[Sunset Warrior's Way](#)

Full bodyweight exercise where you only use your body to hit everything single muscle fiber in your body. Great to burn fat and toning the muscle!

[Six Pack whole body Challenge / Cardio, Strength & Core](#)

Total body workout sequencing through doing different types of cardio, then move to different types of strength training, finishing with abs

[Functional Fitness/ Calorie Shredder](#)

Strength Training Class with all movements (arms, legs, abs) done mechanically. It's all about enhancing your biomechanics!

[Lower Body workout](#)

Workout that targets the lower body especially legs and hip muscles.



Private Traditional Live Bait Fishing

Have you ever wanted to fish at the break of dawn? Hop on a well-equipped private boat and be ready to fight skipjack, Yellow fin tuna and sailfish fishing, among others, with the help of our experienced crew members.

(09:00 – 12:00)

(15:00 – 18:00)

USD 650



Let us capture your moments in Dhigali Maldives!

60 Minute Session

15 Digital Images on USB

USD 180

90 Minute Session

30 Digital Images on USB

USD 260



Live painting by local artists

Wednesday & Sunday

(09:00 – 11:00) – East

(13:00 – 15:00) - Deli

Complimentary

Meet our creative artists from Raa Meedhoo who accomplished the National level Basic Art & Design course conducted by the National Center for the Arts. They have also exhibited in solo & group show at the National arts exhibition held in the year 2015. They are professioned and have rich experience with broad spectrum of paintings like portrait painting, architectural painting, oil painting, acrylic painting, pencil drawing and many more.